

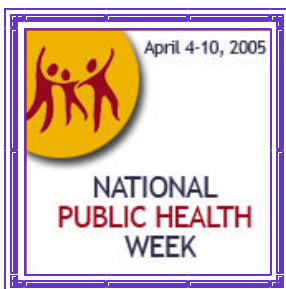
# Zips

Zero to age 21: Information  
Promoting Success for Nurses  
working with Kansas Kids

APRIL 2005

## Public Health Week in Kansas

Public Health Week in Kansas is **April 4-10** in Topeka. This celebration will highlight public health in Kansas as part of the larger National Public Health Week with the theme for 2005: "Empowering Americans to Live Stronger, Longer." Because the Kansas Legislature won't be in session during this week, some events will occur earlier, tentatively on March 31, to increase Kansas Legislators' awareness of the essential role that public health plays in ensuring optimal health care in Kansas. Celebrating Public Health Week in Kansas serves to increase the visibility and value of public health as it is provided in Kansas. So, even if you are unable to attend the events in Topeka, you are encouraged to boldly celebrate Public Health Week in your home community whether that is during April 4-10 or during another time. Now, more than ever, it is time to make the public, other providers of health care, and policy makers aware of the commitment and important job that those in public health perform each day. For more information go to <http://www.apha.org> and click on the National Public Health Week icon on the right-hand side of the web page.



## Annual Fundraiser for NAMI

**NAMI**, the nation's voice on mental illness, is a nonprofit, grassroots, self-help, support and advocacy organization of consumers, families, and friends of people with severe mental illnesses. One of NAMI's fundraisers is an annual walk, and this year it will be held on **Saturday, May 7** in two locations in Kansas:

- Washburn University in Topeka
- Hays Aquatic Park in Hays

The walk is two miles and will begin at 11 a.m. For more information and to sign up to walk as a team, sponsor, or as an individual, contact Stacy Davis at 800-539-2660 or e-mail her at: [sdavis@nami.org](mailto:sdavis@nami.org) (See the Public Health page later in ZIPS for more information about NAMI.)



## Asthma Awareness Month

May is **Asthma Awareness Month** and it's certainly not too early to begin planning your community events and activities. As in past years, EPA is offering event planning information at their Web site <http://www.epa.gov/asthma/> that includes a materials order form, sample proclamations, press releases, and event suggestions. You may want to plan your events to coincide with World Asthma Day on May 3 and don't forget to let EPA help you publicize your event. There are three ways to submit your event information to EPA this year: by fax, email, or entering the information online. Don't hesitate to call Vickie Angell (EPA's Kansas City office) at 913-551-7269 for assistance, and do take advantage of the resources being offered. Place your orders for EPA materials early as quantities are sometimes limited!



**HEADS UP!**  
**Public Health Nurse and Maternal and Child Health Conference** will be held May 3-5 at the Wichita Airport Hilton. Registration will begin at 8 a.m. on May 3. The 16th Annual **Kansas School Nurse Conference** will be held July 26-29 at the Hyatt Regency in Wichita.

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# Zip's: Perinatal Health

Little things have big results sometimes.

— Margaret Moore  
Willie Without

## How to Have a Healthy Pregnancy

Birth defects are the leading cause of infant mortality in the United States. Approximately 120,000 babies are affected each year. One in every 33 babies has a birth defect. On the National Center on Birth Defects and Developmental Disabilities (NCBDDD) Web site is a listing of the "A, B, C's of Pregnancy Tips" for women and their families to help ensure a healthy pregnancy. Some of the tips for having a healthy pregnancy include: **Avoiding** exposure to toxic substances,

### Breastfeeding

promotion, **Cigarette** Smoking Cessation, and **Folic Acid** consumption just to name a few. Tips are often listed with recommended links to other various health-related Web sites. For more information on how to have a healthier pregnancy go to: <http://www.cdc.gov/ncbddd/bd/abc.htm>



## Study Announces Potential for Prenatal Test that Detects Markers for Premature Risk at the Molecular Level

News of the potential for a prenatal test that finds markers for premature risk at the molecular level was announced in Reno, Nev., at the 25<sup>th</sup> Annual Society for Maternal-Fetal Medicine (SMFM) meeting in February. Of particular interest are women who have experienced preterm labor that are of additional risk to deliver their babies prematurely. Because the incidence for premature delivery is so high (one in eight babies in the United States delivered prematurely), there is no better time than the present to be developing tools to identify those at risk for delivering babies prematurely. The study, "Metabolomics in Premature Labor: A Novel Approach to Identify Patients at Risk for Preterm Delivery," combines the resources of maternal-fetal medicine specialists from the National Institute of



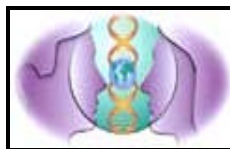
Child Health and Human Development, National Institutes of Health, and

other organizations. Metabolomics refers to the study of all the metabolic processes occurring in the amniotic fluid. This study identified specific markers for

premature risk at the molecular level in amniotic fluid creating a method for "metabolic profiling." The study authors indicated from the groups of pregnant women they studied that they were successful in placing the women in the appropriate clinical group 96 percent of the time. For more information on this study go to: [http://www.marchofdimes.com/aboutus/14458\\_14991.asp](http://www.marchofdimes.com/aboutus/14458_14991.asp).

## Alcohol and Its Effects on a Growing Fetus

Clear evidence exists that there is no safe amount of alcohol for a pregnant woman to consume. Therefore, abstinence from alcohol during pregnancy is a goal pursued by perinatal health care providers. Alcohol



is considered a potent teratogen. In other words, it has been shown to have deleterious effects upon the fetus and thus affects future potential for development as a child grows. In mothers who consume large amounts of alcohol, their infants are at an elevated risk to suffer from Fetal Alcohol Syndrome (FAS), Fetal Alcohol Effects (FAE), Alcohol-Related Neurodevelopmental Disorder (ARND) and Alcohol-Related Birth Defects (ARBD). These conditions come under the umbrella of Fetal Alcohol Spectrum Disorders (FASD) whose effects run the gamut of physical, mental, behavioral and/or learning disabilities with possible lifelong implications for these children. Approximately 40,000 infants are born with FAS annually with a price tag of about \$4 billion per year.

Let's take up the slogan of the Substance Abuse and Mental Health Services Administration (SAMHSA) Fetal Alcohol Spectrum Disorder (FASD) Center for Excellence: "If you're pregnant, don't drink. If you drink, don't get pregnant." For more information go to: <http://www.fascenter.samhsa.gov/index.cfm> or <http://www.niaaa.nih.gov/faq/q-a.htm#question14>



## In Related News . . .

The U.S. Surgeon General has released an advisory on alcohol use in pregnancy to urge women who are pregnant or who may

become pregnant to abstain from using alcohol. The advisory is part of *The Year of the Healthy Child* agenda, a commitment to help improve the holistic health of children through adolescence. The advisory includes background information; research findings on fetal alcohol syndrome, prenatal alcohol exposure and alcohol-related birth defects; and, the Surgeon General's recommendations for women and health professionals. The advisory also includes information on additional resources. The press release and advisory are available at: <http://www.hhs.gov/surgeongeneral/pressreleases/sq02222005.html>

## The Importance of Folic Acid

Folic acid is a B-vitamin that can be found in some enriched foods and in vitamin pills. If women have enough of it in their bodies before pregnancy, this vitamin can prevent birth defects of the baby's brain or spine. Spina bifida, a birth defect of the spine, can cause paralysis of the lower body, with no control of bowel or bladder, and learning disabilities. But now the message about this and other birth defects is one of hope – many birth defects can be prevented if women get enough folic acid every day. Folic acid can help form a baby's brain and spine. Getting enough takes a small effort. But it makes a big difference. So let's keep getting the message out there. Every woman who could become pregnant should take folic acid. As we know in the public health field, not all pregnancies are intended nor expected. For more information on this topic go to: <http://www.marchofdimes.com> and enter the search terms "folic acid."

Supplement Facts		
	Amount Per Serving	% Daily Value
Folic Acid	400 mcg	100%
Vitamin B12	6 mcg	100%
Pantothenic Acid	5 mg	50%
Calcium	450 mg	45%
Iron	18 mg	100%
Magnesium	50 mg	12%
Zinc	15 mg	100%

## **InFocus: Children in Immigrant Families**

One in five children in the United States lives in an immigrant family. Nearly half these children's families have income below 200 percent of poverty. Their families are more likely to be worried about or having difficulty in paying for food.



The newest *InFocus* summarizes the latest research on the issues affecting this growing group of children. For more information visit: <http://www.healthinschools.org/focus/2005/no1.htm>

## **Also About Immigrant Children:**

The *Health and Well-Being of Young Children of Immigrants* examines research on the health and well-being of children ages 6 and younger in immigrant families (those with at least one parent born outside the United States). The Urban



Institute published the report with support from the Foundation for Child Development and the Annie E. Casey Foundation. It is divided into six broad sections: (1) immigration trends and impacts; (2)

poverty, family structure, and parents' work; (3) risk factors for poor school performance among young children of immigrants; (4) hardship and benefit use among young children of immigrants; (5) health status and insurance coverage; and (6) child care arrangements. The report offers several conclusions and raises issues for further research. A summary, notes, references, figures, and tables are also presented. The report is available to view by visiting: <http://www.urban.org/Template.cfm?NavMenuID=24&template=/TaggedContent/ViewPublication.cfm&PublicationID=9161>

## **Interesting Information:**

American Academy of Pediatrics' *Mapping Health Care Delivery for America's Children*. See Kansas information at: <http://www.aap.org/mapping/kansas.htm>

## **APRIL IS CHILD ABUSE PREVENTION MONTH**

### **KUMC Study: Infant Development Linked with Alcoholism**

Signs of alcoholism may be detectable in babies as young as 5 days old, according to research released in March by a team at the Kansas University Medical Center. Read the full story here: <http://www.ijworld.com/section/health/story/199029>

### **Community Resource Packet**

A new community resource packet is available from the Administration for Children and Families. The Web site and packet feature fact sheets and a poster in both English and Spanish that



emphasize the theme of shared responsibility for preventing abuse and neglect and protecting children's safety and well-being.

Check it out at: <http://nccanch.acf.hhs.gov/topics/prevention/index.cfm>

### **Early Childhood Resource Center**

If you're in Parsons, check out the resources listed below at the Early Childhood Resource Center, 2601 Gabriel; Parsons, Kansas 67357. Key people are Tammie Benham, coordinator, and Helen Erickson, assistant coordinator. Call them at 800-362-0390, ext.1651, or 620-421-6550, ext.1651. Their e-mail is [resourcecenter@ku.edu](mailto:resourcecenter@ku.edu), and Web site <http://www.kskits.org/ecrc>

- Getting Men Involved In Childcare, Education & Social Work;

- Accepting the Challenges of Fatherhood: Bonding Through Play (in Spanish);

- Fatherhood: Why Father Care Is as Essential as Mother Care for Your Child

- Fathering, Feeding, Sleep & the New Baby;

- The New Father Book: What Every New Father Needs to Know to Be a Good Dad;

- Leo the Late Bloomer; and,



- The Asperger Parent: How to Raise a Child with Asperger Syndrome and Maintain Your Sense of Humor.

### **Unbelievable! Inexcusable?**

The United States and Mexico have the highest levels of child poverty in the developed world, according to a report released today by the United Nations Children's Fund. For more information visit: [http://www.healthinschools.org/2005/March2\\_alert.asp](http://www.healthinschools.org/2005/March2_alert.asp)

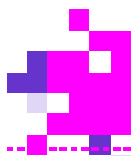
### **"All Together Now"**

*All Together Now: State Experiences in Using Community-Based Child Care to Provide Pre-Kindergarten* studies the emergence of the mixed delivery model, in which pre-kindergarten is delivered in community-based settings and schools. The paper, commissioned by the Brookings Institution for a conference on creating a national plan for the education of young children, was published by the Center for Law and Social Policy (CLASP) at George Washington University. The



paper reflects work supported by the Joyce Foundation on how best to expand early education opportunities in a manner that supports families with low incomes and builds on and integrates the early care and education system. The paper also incorporates work supported by the Foundation for Child Development on integrating early education standards in child care. Findings from CLASP's survey of pre-kindergarten program administrators in 29 states are presented, along with a discussion of the policy choices, opportunities, and challenges of including community-based child care providers in pre-kindergarten programs. The paper is intended for use by policymakers, researchers, and others interested in learning about and building on the initial experiences of state implementation. The paper is available at [http://www.clasp.org/publications/all\\_together\\_now.pdf](http://www.clasp.org/publications/all_together_now.pdf).





## April is National Youth Sports Safety Month

For more information visit: <http://www.nysf.org>

## The Suicide Prevention Resource Center (SPRC) Releases the Suicide Awareness Event Resource Kit

SPRC is pleased to announce the publication of the *Suicide Awareness Event Resource Kit*. Produced as a collaborative effort between SPRC and the Suicide Prevention Action Network USA (SPAN USA), the kit is a compilation of the best tools that SPAN USA and its members have used in organizing successful awareness events in many state capitols and in Washington, D.C. The result of a decade-long collective experience of SPAN USA advocates, this kit provides all of the resource



materials necessary to organize, plan, and conduct a suicide awareness event. Among the key resources in the kit are a logistics planning guide, sample publicity materials, state and national suicide data sheets, and state legislative contact and session information. The *Suicide Awareness Event Resource Kit* is available from the SPRC Web site at [http://www.sprc.org/library/event\\_kit/](http://www.sprc.org/library/event_kit/)

## Recommend the Right Foods, It Works

Researchers who surveyed 5,200 students in 5th grade, along with their parents and school principals, found that schools with programs that included recommendations for healthy eating had significantly lower rates of overweight and obesity. Reporting in the March 2005 issue of the *American Journal of Public Health*, the researchers measured height and weight, assessed dietary intake, and collected information on physical and sedentary activities, and compared those factors across schools, adjusting for gender and socioeconomic characteristics of parents and residential neighborhoods. They concluded that school programs are

effective in preventing childhood obesity and that successful programs should be implemented in more schools.

## Society for Adolescent Medicine Takes Position on Bullying

In a position paper published in January, the *Society for Adolescent Medicine* noted the need for rigorous research to try to understand the reasons for and the long-run consequences of bullying in elementary and secondary schools in the United States. But the society concluded that enough is now known to warrant the following positions:



- Bullying among peers, although common, is not acceptable social behavior among youth. Adults and adolescents are encouraged to change the perception that such behavior is normative.
- Health care providers should be familiar with the characteristics of youth that may be involved in bullying, either as aggressors or victims. They need to be sensitive to signs and symptoms of bullying, victimization, influences, and their consequences. Health care providers are encouraged to intervene early when either bullying or victimization behaviors are noted. Discussing possible interventions with the adolescent and parent is appropriate. Additionally, referral for co-occurring mental disorders (e.g., conduct disorder, depression, anxiety) is recommended. Lastly, health care providers and school personnel can provide leadership and education to community organizations on these issues.
- Community organizations that serve youth and their families should incorporate anti-bullying messages, address victimization, and promote non-violent discipline.

## Healthy School Environments: Let EPA Know What You Think

More than 53 million children and about six million adults spend a significant portion of their days in more than 120,000 public and private school buildings. Many of these buildings are old and in poor condition, and may contain environmental conditions that inhibit learning and pose increased risks to

the health of children and staff. The Healthy School Environments Web site is designed to provide one-stop access to the many programs and resources available to help prevent and resolve environmental issues in schools.



- Resources: On-line resources to help facility managers, school administrators, architects, design engineers, school nurses, parents, teachers, and staff address environmental health issues in schools. Visitors can browse resources by topic or by geographic area, or search all resources by entering keywords into the search box at the top of each page.
- Assessment Tool: EPA is developing a new database tool to help school districts establish and manage comprehensive school facility self-assessment programs. The database contains a fully integrated environmental health and safety checklist and is designed to be easily customized to reflect state and local requirements and policies. The *Healthy School Environments Assessment Tool* is now available for testing and EPA welcomes input on the draft tool until **May 5**. See <http://www.epa.gov/schools>

## Bright Futures for Families

Family Voices' Bright Futures *Family Pocket Guide* will soon be available for order in Spanish. All of the information found in the original English version can be found in the new guide, including information for families on how to work with health care providers, and is supplemented by additional Spanish resources. The guide prepares and reinforces families as key partners in their children's health. In addition to the pocket guide, Family Voices offers a variety of materials and resources developed specifically for families to complement the Bright Futures publications and materials used by health care professionals. All of their materials are available for download or viewing at <http://www.brightfuturesforfamilies.org/materials.shtml>.

## Third Annual Fatherhood Summit

This year's Summit will be April 21-22 at Holiday Inn Select, Wichita. For more information contact Tammy Aguilar at 785-368-6350 or e-mail her at [txa@srskansas.org](mailto:txa@srskansas.org).



## Kansas Public Health Nursing/Maternal Child Health Conference

KDHE announces the Kansas Public Health Nursing/Maternal Child Health Conference, May 3-5 at the Wichita Airport Hilton Hotel. Topics for breakout sessions for this year's conference are posted on Office of Local and Rural

Health Web site at: [http://www.kdhe.state.ks.us/olrh/LHD\\_PHN\\_Conference.htm](http://www.kdhe.state.ks.us/olrh/LHD_PHN_Conference.htm). To register, visit <http://ks.train.org>, create an account, search for the conference and register. For more information contact: [dfromer@kumc.edu](mailto:dfromer@kumc.edu).

## Women: Healthy Eating and an Active Lifestyle

Heart disease, cancer, and stroke are the leading causes of death for women in the United States. Did you know that an unhealthy diet and physical inactivity can increase your chances of getting these and other diseases? These lifestyle choices already contribute more to disease and death than alcohol use, flu, car accidents, firearms, sexual behavior, and illicit drug use. For all the "skinny," download Healthy Eating and an Active Lifestyle (540 Kb) at: [http://www.4woman.gov/pub/daybook.2005/02\\_HealthyEating.pdf](http://www.4woman.gov/pub/daybook.2005/02_HealthyEating.pdf)

## Milk Still Does a Body Good

Nutrition News from Midwest Dairy Council features highlights of recent nutrition research topics, including:

- Calcium's Weight Management Benefits are Internationally Recognized;
- Milk May Ease Arthritis Pain;
- Dairy Products Not Linked to Ovarian Cancer Risk;
- Another Reason for Women to Wear a



Milk Mustache; and,  
- Fast Facts: Kids Guzzle Bottles of Milk, Toast Black History Month with a Glass of Milk, and New Dietary Guidelines Based on Science. The attached Dairy Research Dateline provides an overview of nutrition science over the years leading up to the new 2005 Dietary Guidelines for Americans. For the full text of the Nutrition and Health News Alert visit: <http://www.nationaldairycouncil.org/NationalDairyCouncil/Press/Alert/Alert2005/NutritionHealthNewsAlertJanuary-March2005.htm>

## And Speaking of Dairy . . .

A new study published in the January/February issue of *Nutrition Today* finds naturally calcium-rich milk is the most reliable source of this bone-building nutrient, superior to calcium-fortified soy and rice beverages and many orange juice brands. The study reveals that much of the calcium settles to the bottom of fortified soy and rice beverage containers, even after vigorous shaking. For more information visit: <http://www.nationaldairycouncil.org/NationalDairyCouncil/Press/Alert/Alert2005/Calcium-FortifiedBeveragesWhatsonthelabel-maynotbewhatendsupinaglass.htm>



## More about NAMI

NAMI is a nonprofit, grassroots, self-help, support and advocacy organization of consumers, families, and friends of people with severe mental illnesses, such as schizoaffective disorder, bipolar disorder, major depressive disorder, obsessive-compulsive disorder, severe anxiety disorders, pervasive developmental disorders, attention deficit disorders, and other severe and persistent mental illnesses that affect the brain. Founded in 1979 as the National Alliance for the Mentally Ill, NAMI today works to attain equitable services and treatment for more than 15 million Americans living with severe mental illnesses. Hundreds of thousands of volun-

teers participate in more than 1,000 affiliate and 50 state organizations to provide education and support, combat stigma, support increased funding for research, and advocate for adequate health insurance, housing, rehabilitation, and jobs for people with mental illnesses and their families. For more information about NAMI in Kansas visit the NAMI Web site at: [http://www.nami.org/Template.cfm?Section=Your\\_Local\\_NAMI&Template=/CustomSource/AffiliateFinder.cfm&State=KS](http://www.nami.org/Template.cfm?Section=Your_Local_NAMI&Template=/CustomSource/AffiliateFinder.cfm&State=KS) or contact Karen Ford Manza at 785-233-0755 or via email at: [kmanza@nami.org](mailto:kmanza@nami.org)

## Take 10 for Your Heart

*Take 10 for Your Heart* is a new online heart health tool kit for women. The tool kit was developed by the National Women's Health Resource Center as the first of a series of publications and activities focused on women's heart health. The tool kit consists of a series of 10 links to information on various topics including cardiovascular diseases; warning signs of heart attack and stroke; heart disease and diabetes; questions to ask a health professional; heart healthy living; and cardiovascular fitness. A list of organizational resources is also included. The tool kit is available by visiting: <http://www.healthywomen.org/heart/main.html>

## It's Expensive!

Within the next decade, public spending will account for nearly half of the nation's health care costs, according to actuaries from the Centers for Medicare and Medicaid. That will be a record high for government health spending, with much of the growth resulting from a new Medicare prescription drug benefit that's scheduled to go into effect in 2006. The actuaries also estimate that all health care spending, both public and private, will constitute 18.7 percent of the nation's gross national product by the year 2014. A report, "U.S. Health Spending Projections for 2004-2014," published in the journal *Health Affairs*, is available online (#2 article) at: [http://www.healthaffairs.org/Most\\_Read.php](http://www.healthaffairs.org/Most_Read.php)

## Child Magazine Ranks States on Priority Given Kid Fitness

National Association for Sports and Physical Education (NASPE) President Dolly Lambdin of the University of Texas at Austin and NASPE member Robert Pangrazi, professor emeritus in the department of kinesiology at Arizona State University, were among the expert



Child panelists who contributed to the development and analysis of a listing of the "10 best and worst states for fit kids." Other NASPE/AAHPERD members quoted in the article include Keith Bakken of Wisconsin and Beth Mahar of Illinois. Find out which states make children's nutrition and physical education a top priority, and how Kansas did. (It's not fit to be known!) Visit: [http://www.child.com/kids/health\\_nutrition/fittest\\_states.jsp](http://www.child.com/kids/health_nutrition/fittest_states.jsp) (click on *The Full List of Rankings* under the Top 10 list.)

## Dealing with Asthma in School



Two new documents for providers and school personnel addressing asthma are now posted on the National Asthma Education and Prevention Program Web site. Look for a complete listing of documents at: <http://www.nhlbi.nih.gov/health/prof/lung/>

## Helping Students Learn about Food Safety

The Food and Drug Administration and the National Science Teachers Association teamed up to create a first-of-its-kind science program to teach teens about food safety. The NSTA offers the program, called "Science and Our Food Supply" free to science teachers, for incorporation into biology, life sciences, and other science classes. This program consists of 16 hands-on experiments, a video called "Dr. X and the Quest for Food Safety," an Emmy award winner in the category of "Outstanding Children's Program/One-time Only Special." Also

included is a Food Safety A to Z Reference Guide with frequently asked questions, fun facts, and tips. For more information visit: <http://www.nsta.org/fdacurriculum>



## Environmental Health in Schools

The Winter 2004-2005 edition of Massachusetts' **News (Updates) in School Health**, focuses on environmental health as it relates to schools. For all the details, visit their Web site at: [http://www.mass.gov/dph/fch/schoolhealth/nish/winter04\\_05.pdf](http://www.mass.gov/dph/fch/schoolhealth/nish/winter04_05.pdf).

## State School Health Policy Issue Brief

*Issue Brief: Summary and Analyses of State Policies on Asthma Education, Medications, and Triggers* summarizes and analyzes asthma-related education policies of all 50 states. The brief was prepared by the National Association of State Boards of Education (NASBE) and draws from written state policies included in NASBE's State School Health Policy Database as of February 2005. Topics include education for asthma awareness, identifying students with asthma, individual student health plans, using prescribed asthma medications at school, and reducing environmental triggers for asthma (e.g., tobacco use, poor indoor air quality, pesticide use). Highlights and conclusions are also presented. The brief is intended for



use by policymakers, educators, and others to identify policy gaps, determine priorities for policy development, and locate policies that can serve as appropriate models. It is available at: [http://www.nasbe.org/HealthySchools/States/State\\_Policy.html](http://www.nasbe.org/HealthySchools/States/State_Policy.html)

## Diabetes Consensus Statement

"Safe Delivery of Care for Children with Diabetes in Schools" is a consensus statement that was developed to address the needs of a child living with diabetes for management and safe delivery of care during the school day. The care of children

with diabetes is a mutual concern of many children, parents, educators, health care providers, and health organizations and we are interested in working with these individuals and groups to find the best solution for providing these services. To view the complete consensus statement visit the National Association of School Nurses Web site: [http://www.nasn.org/statements/consensus\\_diabetes.htm](http://www.nasn.org/statements/consensus_diabetes.htm)



## Kansas School Building Report Card

The Kansas School Building Report Card provides information reported in three ways: by school building, by school district and as a state average. Among the data are performance results on state assessments, attendance rates, graduation and dropout rates, performance toward adequate yearly progress goals, and information on school's safety and teacher qualifications. This information is provided to help gauge the performance of Kansas schools and school districts. See how your school district is performing by visiting: <http://online.ksde.org/rcard/index.aspx>.



## GAO Autism Report

**Special Education: Children with Autism** report done by United States Government Accountability Office in Washington, DC. Download at: <http://www.gao.gov/new.items/d05220.pdf>

## Translation Service

You always wondered how to say it in Serbian—check out these Quick Charts of Vaccine Preventable Disease Terms in Multiple Languages: <http://www.immunize.org/izpractices/p5122.pdf> <http://www.immunize.org/izpractices/p5121.pdf>

## Are You in Touch with Youth?

For some fun—or humility or frustration (your choice!)—take a test of pop culture developed by youth. Visit: [https://secure.cottonwoodpress.com/misc/cwp\\_test.php](https://secure.cottonwoodpress.com/misc/cwp_test.php)





# ZipS: Events and Resources

*The more I want to get something done, the less I call it work.*

— Richard Bach

## Events

### April is Sexual Assault Awareness Month

Rape victim advocates from across the country have events planned all month to raise awareness, provide opportunities to dialogue, celebrate our community of anti-sexual violence activists, and to work to end sexual violence!. For more information on this most important topic go to: <http://www.rapevictimadvocates.org> or visit the National Resource Center on Domestic Violence at: <http://www.vawnet.org>

### World Health Day

April 7 is World Health Day – For info visit: <http://www.who.int/world-health-day/2004/en/>

### National Public Health Week

April 4-10 – National Public Health Week, See: <http://www.apha.org/nphw/05-letter.htm>

### Pediatric Symposium in Wichita

*Pediatric Symposium: Chronic Health Concerns in the School Setting* will be held **April 8**, from 8 a.m. to 4 p.m., at Heartspring, 8700 E 29th Street North, Wichita. Education and resources on asthma, pediatric obesity, assessing and improving patient adherence to chronic care regimens are just a few of the topics to be discussed. This phenomenal symposium is sponsored by the American Lung Association of Kansas. Registration is \$30 which includes contact hours, continental breakfast and box lunch. For information and to register contact Sally Head at the American Lung Association of Kansas in Topeka at 785-272-9290, ext. 103. Enroll soon; there is limited space for 175 attendees.



### Week of the Young Child

April 17-23 Week of the Young Child – Learn more at: <http://www.naeyc.org/about/woyc/>

### National Infant Immunization Awareness Week

National Infant Immunization Awareness Week is **April 24-30**. The link below is to CDC's Web page on this topic. It provides useful information and materials that can be used to promote infant immunizations. <http://www.cdc.gov/nip/events/niw/2005/05default.htm>.



### Kansas Public Health Nursing/ Maternal Child Health Conference

The conference will be May 3-5. Breakout sessions topics are posted on the KDHE Office of Local and Rural Health Web site: [http://www.kdhe.state.ks.us/olrh/LHD\\_PHN\\_Conference.htm](http://www.kdhe.state.ks.us/olrh/LHD_PHN_Conference.htm). To register, visit <http://ks.train.org>, create an account, search for the conference and register. For more information contact: [dfromer@kumc.edu](mailto:dfromer@kumc.edu).



### KAN BE Healthy

*KAN BE Healthy RN Training* will be held Thursday, **May 5**, Wichita Airport Hilton, immediately following the 2<sup>nd</sup> Annual Public Health Nurse Maternal Child conference 1 p.m.-5 p.m. This initial orientation to *KAN BE Healthy RN Training* offers four contact hours. The fee is \$50. Washburn University, School of Nursing, is an approved provider of nursing continuing education by the Kansas State Board of Nursing. Registration is required. To register call 785-231-1399 or go on-line at [http://www.washburn.edu/ce/health\\_care/kbh/training/group\\_study.html](http://www.washburn.edu/ce/health_care/kbh/training/group_study.html).

### Fire, Burn & Life Safety Conference

May 2-7 Fire, Burn & Life Safety Conference – Wichita, Ks. For more information contact: Janet Cusick Jost at 316-946-5048 or email at [burnandfire@viachristi.org](mailto:burnandfire@viachristi.org)

## Resources

### A Great List of Grant Funding Opportunities

The Center for Health and Health Care in Schools (CHHCS) is a nonpartisan policy and program resource center at The George Washington University School of Public Health and Health Services. One CHHCS service is a listing of grants from a variety of sources for a variety of reasons.

Check it out at: <http://www.healthinschools.org/grants/alerts.asp>

### Samuel Harris Fund For Children's Dental Health

The American Dental Association Foundation announces funding through the Samuel Harris Fund to improve and maintain children's oral health through community education programs. Application deadline is July 8, 2005. For more information visit: <http://www.healthinschools.org/grants/ops252.asp>

### NetWellness

NetWellness is a consumer health information service delivered on the web. It's for people like school nurses who need accurate, timely answers to health questions. To visit NetWellness visit: <http://www.netwellness.org>

### MCH Research Program Web site

The Maternal and Child Health Research Program of the Maternal and Child Health Bureau (MCHB) has launched a new Web site to enhance dissemination of MCH Research Program activities and projects. The MCH Research Program supports applied research relating to MCH services that has the potential to improve health services and delivery of care for MCH populations. The site



provides information on new funding opportunities and currently funded research

projects. The site also includes an events calendar, conference archives, a program description, and the MCHB Strategic Research Issues, Fiscal Years 2004-2009. The Web site is available at: <http://www.mchb.hrsa.gov/research/>

### The View from the Senate on Health Disparities

In the March/April issue of the journal *Health Affairs*, two leading members of the US Senate offer their views on racial and ethnic disparities in health care, and steps the federal government might take to improve the current situation. For more information visit: <http://content.healthaffairs.org/cgi/content/abstract/24/2/445> (Senator Bill Frist) and <http://content.healthaffairs.org/cgi/content/abstract/24/2/452> (Senator Ted Kennedy)



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